

# ST. VINCENT DE PAUL PARISH



## **Lord's Day Eucharist:**

**Saturday 5 pm**  
**Sunday 10 am**



**Mission: St. Mary's,  
Tribune – Sat. 7 pm**

**Reconciliation: Friday 11:30-12 pm  
Saturday. 4:30-5 pm**

*13<sup>th</sup> and 14<sup>th</sup> Sunday of Ordinary Time*  
*July 1<sup>st</sup> & 2<sup>nd</sup> and July 8<sup>th</sup> & 9<sup>th</sup> 2023*

## **13<sup>th</sup> Sunday of Ordinary Time: Good News Reflection; What matters most to you?**

In this Sunday's Gospel reading, Jesus emphasizes the importance of keeping our eyes on him and always making him our top priority. Nothing else matters as much as our relationship with God. This means following Jesus wherever he leads, doing everything his way, all the way, every day, giving him our 100% (no excuses for being mediocre in our faith), laying down our lives in service to others like he did.

Laying down our lives means making sacrifices, such as giving our cup of cold water to someone who's thirsty. It means receiving someone into our busy schedules and listening for the prophet in him; for example: What is God saying to us through this person?

When we refuse to lay down our lives for others, we reject the Cross of Christ and his sufferings, which he submitted to for our sake. This does not mean, however, that we can never say no to others. Jesus wants to lead us away from the harm of abuse or demands that are sinful or the enabling of unhealthy behaviors. Saying no in such cases is yet another Way of the Cross.

When we truly follow Christ, we can receive all that he is and all that he has for us. When we let go of our fears and personal goals, letting Jesus lead us into new places and new ways of handling problems, we discover new life in Christ. His ways are always far better than what we had feared would happen.

This is the difference between a mediocre faith and a life in Christ that is full of adventures, miracles, surprising solutions, healing, victories, and realizing how very precious and important we are to God.

**Questions for Personal Reflection:** Who has asked you (either consciously or unaware) to lay down a part of your life for them? When have you said no? When have you said yes -- and was it worth the sacrifice?

**Questions for Community Faith Sharing:** Why is laying down our lives for the needs or requests of others worthwhile? Share a story from your own life that illustrates this.

## 14<sup>th</sup> Sunday of Ordinary Time: Good News Reflection; How to make burdens feel light

Does the yoke of Jesus weigh you down or does it feel light? His yoke -- according to what he exemplified with his life -- is servanthood, a ministry that cares for others, a love that makes sacrifices.

We feel weighed down by personal struggles; we have so many of our own crosses to carry and so many people need our attention that we're exhausted from it all. We need a vacation, an escape, time out! So why does Jesus tell us that his yoke is easy? Why does he say that the burdens of servanthood are light?

How can sharing in the ministry of Jesus be restful?

When the burdens of life wear us down and tire us out, it's usually because we've taken on more responsibility than God has actually given to us.

Or else it's because we're expending energy trying to get rid of a cross after Jesus has yoked us to it. If the burden leads to burn-out, God lets us get tired, because he's warning us: "Slow down! Simplify your life! Make a change! Spend more time in prayer!"

If it leads to anger and resentment, God is showing us that our selfish desire for an easier life is, in reality, making our lives more difficult.

In other words, when we strain and pull against the yoke -- against our union with Christ -- we suffer from our own mistaken ideas of what we should be doing. It is when we remember that we're yoked to Someone who is infinitely stronger and wiser than we are that the burden becomes light. The yoke becomes a source of joy.

Jesus offers us everything we need for plowing the fields that God assigns to us. When we cooperate with him, the burden is indeed light. We find rest in Jesus and we benefit from his strength. Our anger and resentment and weariness disappear. We experience holy pleasure in our tasks, because we're yoked to the goodness and the energy of Jesus himself.

**Questions for Personal Reflection:** What are you doing that seems like a good idea but is wearing you out? What part of it is not God's idea for you? What can you do to slow down, simplify, make a change, and become more aware of the strength of Jesus?

**Questions for Community Faith Sharing:** Become accountable for the answer to the above personal questions by speaking of it to friends in your faith community: What changes are you going to make to allow Jesus to refresh and renew you? How might this make a difference?



### **Vacation Bible School is coming to St.**

**Vincent de Paul!** All children ages 5-10 welcome to register for Vacation Bible School. **Registration is now open.** Come and have some summer fun! The dates are

July 18-20<sup>th</sup>, 1pm to 4pm. Volunteers are needed for this to run! Teen volunteers are welcome!!

**Eucharistic Ministers:** We are asking you to come up to the altar and serve at communion if you notice there are not enough servers. We will need 7 adults besides Father for the cup and the Eucharist. Until we get back in the natural swing of things there may be a few awkward moments. God doesn't mind as long as we are serving Him. Thank you in advance.

We would like to celebrate your **Special Anniversaries and Birthdays with you!** Let us know if you are having a special birthday and we will announce it in the bulletin. If you are having a special anniversary this year, 25, 40, 50, 55, 60 and up, we will announce them in the bulletin and have a celebration in September.

It was on the first day of July that we became independent and a beautiful journey began!  
Cheers to our independence and our happily growing country.

**Happy Canada Day!**

## Welcome Visitors and New Parishioners!

Our Parish family warmly welcomes new members. Please fill out a New Parishioner form at your earliest convenience. The forms are located on a table in the foyer!  
As well, if any parishioner has changed their address, phone number etc., please inform the office.

### Upcoming Eucharist Celebrations

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<b>Sat.</b>	July 1	10 Tatagwa 5 PM Mass 7 PM St Marys	Jacob Selby Int. Nick Van Staveren + Linda Bohn +
<b>Sun.</b>	July 2	10 AM Mass	Gennie Girardin +
<b>Mon.</b>	July 3	No Mass	
<b>Tues.</b>	July 4	11 AM	Procknow Funeral
<b>Wed.</b>	July 5	11 AM	Duriez Funeral
<b>Thur.</b>	July 6	9 AM Mass 1 PM	Thanksgiving Michel Funeral
<b>Fri.</b>	July 7	12:10 Mass	Liliane Kot +
<b>Sat.</b>	July 8	10 Tatagwa 5 PM Mass	Lay Service Lay Service
<b>Sun.</b>	July 9	10 AM Mass	Procopio J. Nogaliza +
<b>Mon.</b>	July 10	No Mass	
<b>Tues.</b>	July 11	6:30 PM Mass	Judy and Trevor Grant & Family Int.
<b>Wed.</b>	July 12	9 AM Mass 10 AM Bison	Marc Nickel Thanksgiving
<b>Thur.</b>	July 13	9 AM Mass 10 AM Hilltop	Pam Hauptstein & Family Int. Charles & Betty Simon +
<b>Fri.</b>	July 14	9:30 WSCH 12:10 Mass	Joe & Florence Ball + Linda Bohn +
<b>Sat.</b>	July 15	10 Tatagwa 5 PM Mass 7 PM St Marys	Don Thiel + Susan Schmidt + Mary Janeczko +
<b>Sun.</b>	July 16	10 AM Mass	Reggie Frank +

### Summer Bible Study - The Gospel of John

The Summer Bible Study is returning for another year. We will be using the Follow Me program written by Dr. Edward Sri to explore the Gospel According to John. We will be hosting two sessions this year, in the Slezak room at 1pm for those with daytime availability, and in the Church basement at 7pm for anyone with evening availability. The study runs Wednesday from Jul.5 - Aug.23. Workbooks are \$10 payable at the first session on July 5. Hope to see you there

### Stewardship Bulletin Bit 14th Sunday in Ordinary Time

*"For my yoke is easy, and my burden light."* - Matthew 11:30  
When we think of being good stewards, we may think that God is asking too much of us when He calls us to generously share our time, talent and treasure. However, we must remember that we are not "owners" of anything, we are merely "stewards" of the gifts God has given us. All He is asking is that we give back a small portion, in gratitude, of what He has already given to us.

### July 1 & 2, 13<sup>th</sup> Sunday in Ordinary Time



2 Kings 4:8-11, 14-16a  
Ps 89:2-3, 16-19  
Romans 6:3-4, 8-11  
Matthew 10:37-42

### July 8 & 9, 14<sup>th</sup> Sunday in Ordinary Time

Zechariah 9:9-10  
Ps 145:1-2, 8-11, 13-14  
Romans 8:9, 11-13  
Matthew 11:25-30

### Heavenly Father, we thank you for all the

blessings in our lives; for the very world in which we live and for the health and strength you have bestowed upon us.



The suffering Christ endured provided healing and power over illness. Lord, direct that healing toward our loved ones who suffer and who believe that you can and will restore them to full health.

We call them by name: **Linda Kot, Benedict Vinck, Pat Benning** and all those facing an illness or any of life's struggles.

Our condolences to the family and friends of **Jean Procknow, Ed Winder, Ida Duriez and Morley Giroux**

The thoughts and prayers of your church family are with you.



### St. Vincent de Paul Fair Booth

The Fair is back in town and we need volunteers to work at our fair booth! Fair booth will be **July 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup>**. Thank you to the many people who will be contributing in any way to make our fair booth a success! Call Angelo @ 891-9455 or Ron Klein @ 861-3134 if you can help. Helpers just let the people at the admission gate know that you are there to work for St. Vincent de Paul Food Booth, and they will give you a pass.

We are asking for help running the projector at the Saturday evening masses. If this is something you can help with, please contact the office to have your name added to the ministry list.

**Stewardship of Time & Talent - July 1 & 2**

	<b>Saturday 5 PM</b>	<b>Sunday 10 AM</b>	
<b>Readers</b>	Wendy Sidloski Ingri Roman	Peter Broccolo Jean Woodard	<p align="center"><b><u>Eucharist Ministers</u></b> Those serving the Blood of Christ please stand on the outside two spaces when going up to the altar and wear your crosses please. Leave the cups on the altar after communion for Father to clean. Those serving the Body of Christ stand in the centre when you go up to the altar, with the acolytes. This way Father knows who gets which one.</p>
<b>Eucharistic Ministers</b>	Rose Loos Mary Ann Piwarski Kim Haupstein Vacant Vacant	Pat Wolensky Theresa Istace Vacant Vacant	
<b>Acolytes</b>	Armand Delanoy Peter Richards Maggie Richards	Chris Dayaan Richard Wick	
<b>Power Point</b>	Lloyd Zyla	Gerry Langlois	
<b>Hospitality</b>	Bernice Driscoll Ev Corbin Heather Fellner Ruby Gandiano	Yvonne Kerr Omer & Chris Marcotte Richard & Celine Wawro	
<b>Counters</b>	Don Kraft Bev Tourand Demmy Pinon Nhar Pinon		

**Stewardship of Time & Talent - July 8 & 9**

	<b>Sat. 5 PM LayService</b>	<b>Sunday 10 AM</b>	<p align="center"><b>There will be a training at the end of August for all Eucharistic Ministers and Acolytes. If anyone wants to start now Father will do a special training for you. We need the volunteers!</b></p>
<b>Readers</b>	Merle St. Onge	Dianne Vilcu Marilyn Schuck	
<b>Eucharistic Ministers</b>	Betty Van Staveren Rhonda Renz Roberto Roman	Carol Toles Marga Cugnet Aime Isabey	
<b>Acolytes</b>	Bruno Tuchscherer Zeus Hinlayagan Charlie Ernst	Mel VanBetuw Dave Alcalde Austin Davies	
<b>Power Point</b>	Roberto Roman	Kricel Maquera	
<b>Hospitality</b>	Jeff & Mary Ann Flaaten Bonnie & Frank Kaip	Roberto Roman Joe Glab Norm Mondor	
<b>Counters</b>	Joanne Babiarz Wendy Pitre Christie McKenzie Roseanne Mantei		

**Stewardship of Time & Talent - July 15 & 16**

	<b>Saturday 5 PM</b>	<b>Sunday 10 AM</b>	
<b>Readers</b>	Cecile Sellinger	Pat Wolensky Stewart Ferguson	
<b>Eucharistic Ministers</b>	Wendy Sidloski Derek Redman Dorothy Lawrenz Carol Anderson	Susan Kot Jean Woodard	
<b>Acolytes</b>	Stella Hoffart Ken Beroy Kurt Beroy	Aime Isabey Ron Klein	
<b>Power Point</b>	Vacant	Gerry Langlois	
<b>Hospitality</b>	Yvonne Dzuba Jim Wanner Margaret & Bruno Tuchscherer	Lynn & Kevin Colquhoun Amanda Kopec Ken & Susan Kot	
<b>Counters</b>	Harry Plemel Nick Coroluick Terry Bliss		

**Office Hours: Tuesday – Friday - 8:30-4:30 Phone: 306-842-2129 Fax: 306-842-7818**

**Website: [www.stvincentdepaul.ca](http://www.stvincentdepaul.ca)**

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**Sacraments: Baptism and Reconciliation** – Contact the parish office

**Matrimony** – Contact the parish office at least 6 months prior

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